

Family Support & Safeguarding Newsletter

Autumn Term



Hello Parents/carers. I hope you find some useful information here. Please remember I am in school everyday from 8.30 if you would like support, advice or have concerns for your child/ren that you wish to discuss.

Jo Gamwell

**BLACK COUNTRY
FOODBANK**
LOVE . CONNECT . INVEST

If you are going through a crisis and need an emergency food parcel then please come into school for a Foodbank Voucher.



Open to all: You don't need a referral - anyone who lives in an area served by a Pantry can join. Members pay a small subscription of a few pounds a week, and in return can choose groceries worth many times more, often saving up to £1,000 a year on shopping bills.

Family Hubs are currently supporting families living throughout the Sandwell Borough aged between 0-19. Burnt Tree Children Centre is now the **Oldbury Family Hub**. There are a range of activities, groups for babies, advice and support from CAB. They also deliver a range of courses and programmes for parents such as CBT based programme called MoodMaster, Fear-less, - helping your child to manage anxiety. There a number of courses available. If you would like further information please get in touch with the **Oldbury Family Hub 0121 557 0740**.

Sandwell

Family | **H u b s**
Helping Families Thrive

Useful services

If you have debt issues, try your local Citizen's Advice Bureau (www.citizensadvice.org) or Christians Against Poverty (<https://capuk.org>).

Preventing Domestic Abuse
Sonia Randhawa

Familiestogethersandwell@family-action.org.uk

Black Country Women's Aid
Is a charity which supports victims of domestic abuse in Sandwell, Dudley and Walsall
0121 552 6448
07384466181 (text or WhatsApp)

Sandwell Family Life offer information on a range of services for children such as youth activities, sports & leisure, music, well-being, holiday & afterschool clubs. *For more info go to www.sandwellfamilylife.info*

What is domestic abuse? NSPCC

Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people who are or have been in a relationship. It can also happen between adults related to one another. It can seriously harm children and young people, and experiencing domestic abuse is child abuse.

Types of domestic abuse

Domestic abuse can be emotional, physical, sexual, economic, coercive or psychological, such as:

- kicking, hitting, punching, cutting or throwing objects
- rape (including in a relationship)
- controlling someone's finances by withholding money or stopping someone earning
- controlling behaviour, like telling someone where they can go and what they can wear
- not letting someone leave the house

The effects on children

Being exposed to domestic abuse has serious consequences for children and young people; and it can affect how they feel, think and behave in harmful ways.

Children can be victims of domestic abuse. They may see, hear, or experience the effects of abuse at home and/or suffer domestic abuse in their own intimate relationships (teenage relationship abuse). All of which can have a detrimental and long-term impact on their health, well-being, development, and ability to learn.

NSPCC

www.nspcc.org.uk

0808 800 5000

National Centre for Domestic
Violence

Organisation which helps with
court order such as non-
molestation, Prohibition Steps and
Occupation.

office@ncdv.org.uk

08009702070

Clare's Law - The Domestic Violence Disclosure Scheme

www.west-midlands.police.uk/your-options/clares-law-domestic-violence-disclosure-scheme

Safeguarding and promoting the welfare of children is defined as the following (Keeping Children Safe in Education 2023)

- protecting children from maltreatment
- preventing the impairment of children's mental and physical health or development
- ensuring that children grow up in circumstances consistent with the provision of safe and effective care,
- and taking action to enable all children to have the best outcomes.
- 'Children' includes everyone under the age of 18 years old



