



Burnt Tree Primary School

Hill Rd, Tividale, Oldbury, B69 2LN

Tel 0121 557 2967

'Where everyone matters'

Head Teacher Mrs. J. Bayliss



Dear Parents and Carers,

As part of our ongoing commitment to supporting children's health and wellbeing, your child will be bringing home a tube of toothpaste. This is to encourage regular toothbrushing at home and to support good oral hygiene habits from an early age.

Cleaning children's teeth twice a day with fluoride toothpaste is very important. It helps remove plaque and bacteria that can cause tooth decay and gum problems. Establishing a regular brushing routine now can protect your child's teeth as they grow and help prevent dental issues later in life.

If teeth are not cleaned properly, plaque can build up and lead to cavities (holes in the teeth), toothache, infections, and gum disease. Tooth decay can cause pain, difficulty eating, and may affect a child's speech, sleep, and concentration. In some cases, untreated dental problems can lead to the need for dental treatment or tooth removal.

We encourage you to support your child by helping them brush their teeth in the morning and before bedtime, using a pea-sized amount of toothpaste, and ensuring they spit rather than rinse after brushing. Regular dental check-ups are also important.

Thank you for your continued support in helping us promote healthy habits for your child.

Kind regards,

Early Years team

