



# Math's for Parents

This course is designed to develop the basic maths skills of parents and carers for them to gain confidence in using written methods of addition, subtraction, multiplication and division in everyday situations.

For many adults it has been a while, (perhaps their own school days!) since doing any maths, and skills are easily forgotten along the way.

If parents/carers feel that they struggled with their maths when doing home schooling during lockdown with their children, then this is the ideal starting point to refresh those skills.

This course will run at all three of our centres for 5 weeks, 2 hours per week

You will need to complete an assessment before you join the course, and advice will be given to the suitability of the course for you.

You must be committed to attending regularly.

Email: [contact\\_safl@sandwell.gov.uk](mailto:contact_safl@sandwell.gov.uk)

Or call

0121 557 0837

[www.learnsafl.ac.uk](http://www.learnsafl.ac.uk)