



# PSHE

"Be the change you want to see in the world."  
Ghandi



Intent - we aim to ...

... **ensure** children leave us with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society.

... **encourage** our children to have high aspirations, a belief in themselves and the determination to reach their potential. We aim to allow the children to gain an insight into today's ever-changing world and we provide them with the skills to deal with their emotions and mental health.

... **support** the development of the 'whole child', by helping them to understand how they are developing personally and socially, as well as promoting their social, mental and physical development.

... **ensure** that the Children will be able to develop the ability to tackle the moral, social and cultural issues that are part of growing up.



Implementation - how do we achieve our aims?

At Burnt Tree, Pupils are taught PSHE using 'Jigsaw', which is a spiral progressive scheme of work, which 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'.

The scheme holds a strong emphasis on emotional literacy, allowing the children to build resilience and to nurture their mental and physical health. Each lesson includes an element of mindfulness to allow children to advance their emotional awareness, concentration and focus. This also gives them the opportunity to reflect on how their learning will help and support them further.



## Implementation - continued

Jigsaw follows six half termly themes, with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me (including Sex Education)

Half termly assemblies and celebrations of significant days, allows the PSHE themes to be shared as a school. Each topic begins with a whole school assembly, where the theme is introduced and discussed. Throughout the term the theme is referred to regularly during assemblies, allowing for the theme to be embedded further and recognised in all areas of our day.

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge and foster a love of learning. This supports both our school and PSHE aims and values. It also allows the children to see their potential and to know that they are capable of achieving their dreams, hopes and goals.

Assessment is incorporated throughout the lesson through verbal feedback and discussion. Children are given the opportunity at the end of a session to share how they felt about the objective and are always given the chance to share their thoughts and feelings further if needed.



## Impact - how will we know we have achieved our aims?

Our spiral PSHE curriculum and wider provision will ensure that children will be equipped to support their decision making in regards to their wellbeing, health and relationships.

Our embedded whole school vision to nurture children's spiritual, moral, social and cultural development supports them to foster good relationships between all.

Children will have a secure understanding of the British values and how they can display those to others.

Our children will become positive citizens in a forever changing community, where they will feel confident to develop as an individual as well as part of a community.

As our children leave us in Year 6, we feel confident that they will have the skills and ability to tackle the wider world and any challenges they may face.