

Family Support & Safeguarding Newsletter

Spring 2025



If you require a food bank voucher then please speak to Miss Gamwell



Any donations can be left in entrance to the school



Reflexions is a Mental Health Support Team (MHST). The service aims to help increase access to mental health support for children and young people in schools.

The team will be working closely with Miss Gamwell and Mrs Bryant, offering direct work with children (criteria needs to be met), parent coffee mornings, staff training, children and parent workshops, and small group work for children. Reflexions, also signpost to other agencies/organisations.

Further information can be found on the school website or you have concerns for your child's mental health then please see Miss Gamwell or Mrs Bryant.



Are offering a range of services for the whole family such as antenatal care, stay & Play sessions, parent programmes such as ADHD, Mood Masters and much more.

For further information contact Oldbury hub on 0121 557 0740 or come into school for more information on referrals, registering for programmes. You will also find a range of leaflets, booklets in the school entrance.



Support for the whole community, asylum seekers, refugees and newcomers across Sandwell, West Birmingham and the Black Country. Brushstrokes now welcomes people from over 100 countries.
Phone [0121 565 2234](tel:01215652234)
Email: info@brushstrokessandwell.org.uk

Hello Parents/carers. I hope you find some useful information here. If you would like support, advice or have concerns for your child/ren that you wish to discuss please come in or you can find me on the gate most mornings/afternoons.

Jo Gamwell



Oldbury Family Hub

Have a range of resources, advice and support for families on many topics/concerns

www.barnardos.org.uk

Sandwell Better Mental Health

Need to Talk? Call 0800 008 6516

www.healthysandwell.co.uk

More information on a range of services for families to access can be found at

www.sandwellfamilylife.info

Ideal for All

Growing Opportunities (Therapeutic Gardening and Cooking) 5 -Ways -to -Wellbeing (Connect, Be Active, Learn, Notice, Give) from three Community & Therapeutic Garden sites.

contactifa@idealforall.co.uk

Sandwell Leisure Trust

Free 12-week Leisure Pass facilities in Rowley Regis, Cradley Heath, Smethwick, Tipton, Oldbury and Wednesbury

<http://www.slt-leisure.co.uk/>



Online Scams

When we hear online scams, people often think of how older people are being financially exploited. However there are growing numbers of children being targeted in many ways, such as gaming, AI-driven manipulation, blackmail etc.

Online safety - NSPCC

Source: UK Safer Internet Centre

Date published: 11 February 2025

The UK Safer Internet Centre has published a report on children and young people's exposure to online scams. The report draws data from a survey carried out with 2,013 children aged 8- to 17-years-old and their parents. **Findings show: 79% of children are coming across scams online at least once a month; 27% of parents and carers say their child has been the victim of an online scam; and 26% of children who had been scammed said they blamed themselves.** The report highlights the emotional impact on children and a culture of victim-blaming surrounding online scams.

Read the news story: [Almost half of 8 to 17-year-olds have been scammed online](#)

read the report: [Safer Internet Day research report 2025](#)

Are you concerned about a vulnerable child in Sandwell?

If you are in any doubt, don't delay – call 0121 569 3100 or in an emergency dial 999



Sign up for the Media@LSE newsletter to find out about our latest research and another news from the Department of Media and Communications

The UK Safer Internet Centre

<https://saferinternet.org.uk/>

NSPCC Online Safety pages

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

National Online Safety

<https://nationalonlinesafety.com/>

Internet Watch Foundation

www.iwf.org.uk

Just Youth

www.justyouth.org.uk

National Crime Agency CEOP (support/reporting of online abuse)

www.thinkuknow.co.uk

You can contact the NSPCC Helpline by [calling 0808 800 5000](tel:08088005000) emailing help@NSPCC.org.