



# Physical Education

"Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong" John F. Kennedy



Intent – we aim to ...

... recognise the importance of physical education and the role it has to play in promoting **active** and **healthy** lifestyles.

... provide all children with high quality provision and a wide range of opportunities so that they will become **passionate** about sport and continue to become **honest, determined** learners.

... **inspire** our pupils through **exciting** and **stimulating** P.E lessons that are enjoyable and accessible to all.

...give all children the chance to participate in competitions in both school and the local area. Children will grow in **self-belief**, whilst displaying high levels of respect and **sportsmanship**.



Implementation – how do we achieve our aims?

From EYFS to KS2 we provide a weekly P.E programme which incorporates a range of sports and skills building on children's abilities as well as developing resilience and confidence.

We provide a range of extra-curricular activities to motivate and inspire children by giving them further opportunities to experience new sports as well as those that they are passionate about.



## Implementation – continued

Through our inclusive approach children will be encouraged to understand the importance of not only physical development but also the impact that P.E has on their own wellbeing.

Children participate in workshops with professional athletes which give them aspirations for the future and develops their self-belief.



## Impact – how will we know we have achieved our aims?

Through the good quality teaching we provide, children are knowledgeable on how to lead a healthy and active lifestyle. Children will take ownership and responsibility of their own health and fitness.

Children's sporting achievements are celebrated in assemblies as well as when attending competitions against other schools in the local area.

Children will leave Burnt Tree Primary with the necessary skills and love for sport. They will grow up to live happy and healthy lives, utilising the skills and knowledge acquired through P.E