



## Intent

At Burnt Tree we strive to ensure children leave us with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We aim for our children to have high aspirations, a belief in themselves and the determination to reach their potential. It is important that we allow the children to gain an insight into today's ever-changing world and we provide them with the skills to deal with their emotions and mental health. Our PSHE curriculum aims to support the development of the 'whole child', by helping them to understand how they are developing personally and socially as well as promoting their social, mental and physical development. Children will be able to develop the ability to tackle the moral, social and cultural issues that are part of growing up.



## Implementation

Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.

Jigsaw follows six half termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me (including Sex Education)

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge and foster a love of learning. This supports both our school and PSHE aims and values, and we focus on Growth Mindset in all aspects of school life.



## Impact

Our spiral PSHE curriculum and wider provision will ensure that children will be equipped to support their decision making in regards to their wellbeing, health and relationships.

Our embedded whole school vision to nurture children's spiritual, moral, social and cultural development supports them to foster good relationships between all and allows children to build upon their understanding of British Values in an age appropriate way. In turn we aim to develop positive citizens in a forever changing community.