## Burnt Tree Primary Physical Education Curriculum Map

## EYFS

## inquisitiveness, equality, morality

Explore walking using different pathways
Explore moving and making shapes with our bodies
Explore pushing and bouncing
Explore jumping and hopping
Explore creating our own movement sequences
Explore moving a ball using our feet
Understand taking turns, keeping the scores and playing by the rules

## <u>Year I</u>

appreciation, imagination, bravery

Combine movements together Apply running skills to established games Explore dodging Explore game strategies Develop linking a range of movements together Create movement sequences



Develop keeping possession using hands and feet Develop passing and receiving using hands and feet Consolidate jumping skills

#### Year 2

#### attentiveness, understanding, self-belief

Develop jumping skills Combine sending and receiving skills Introduce teamwork and building trust Develop moving a ball using our feet Create movements using expression Create transitions between movements Understand attacking and defending Introduce agility, balance and co-ordination Develop throwing and catching skills Respond to rhythms in music Create expressive motifs Understand the transition between attack and defence Consolidate throwing and catching

# <u>Year 3</u>

Problem solving, reassurance, resilience, collaboration

Introduce passing and receiving Introduce symmetry and asymmetry Explore working together as a team Extend sequences in paired work Introduce passing to create space Apply learning using apparatus Introduce outwitting an opponent Apply throwing within a game Introduce dribbling and taking control Understand how to bat and field Develop dance skills Explore the relationship between running and speed

## <u>Year 4</u>

Decision making, confidence, accountability, communication

Develop sequences including bridges Develop passing and retrieving skills Introduce shooting skills Develop collaboration and communication Creating space to win points Develop dribbling skills Introduce backhand and forehand Apply previous learning into 3v3 games Introduce bowling and striking Explore running for distance

<u>Year 5</u>

## consideration, honesty, creativity, self-will

Explore running as a team Create movements using improvisation Develop fielding techniques Refine batting, bowling and fielding skills Develop sequences with a range of interlinking movements Refine attacking and defending skills Refine racket skills Refine dribbling Introduce acting as a leader Introduce counter balances Explore a range of passes

# <u>Year 6</u>

## evaluation esteem self-motivation

Refine leadership qualities Apply tactics in game scenario Consolidate batting bowling and fielding Organise team formations Apply tactics to win a point Perform with technical control Understand the main components of fitness Create and apply attacking tactics Introduce mirroring Refine shooting Consolidate passing and receiving